



Health & Wellbeing

HEALTH & WELLBEING

THE 5 WELFARE NEEDS



HEALTH & WELLBEING



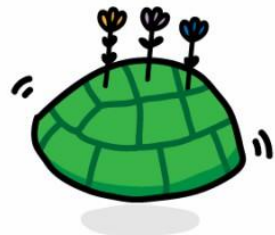
- Parents will be asked to supply all medication to be given to youth members.
- Medication is distributed by Welfare leader – youth member & leader will sign medication chart.
- Webster packs/rolls – packaged by pharmacy.
- Asthma puffers & EpiPen's must be carried by youth members who require it.

HEALTH & WELLBEING

- **An incident response flow chart will be provided.**
- Minor injuries can be addressed by any participant or adult, then are then reported to the Assistant Line Leader – Health & Wellbeing and recorded on First Aid Log (I3 form).
- If further assistance is required, contact the Health & Wellbeing Team by calling the Event Operations Centre – the phone number will be on the back of your ID card.
- The Health & Wellbeing Team will arrange for sick or injured party to be brought to the Health & Wellbeing Centre, or the team will come to your location.
- If any adult provides first aid or has concerns for the welfare of a youth member or adult, it is to be reported to the Assistant Line Leader – Health & Wellbeing for assessment.



HEALTH & WELLBEING



@TheMindOfMary ©

- Homesickness can affect members within your unit – youth members & leaders.
- Acknowledge the home sickness- talk about it in your Unit
- Provide food & drink - anything they want to eat/drink
- Check in regularly with the person, focus on the positive.
- Have fun, play games, enjoy down time. Ensure they aren't hiding in their tent.

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- Bedwetting is common on camps.
- Ensure you have spare sleeping bags/blankets
- Enable the person to have a shower and put on clean clothes
- Check that all soiled clothing and sleeping items are removed from tent for cleaning or storing. Don't make a big deal...just return them clean
- Ensure youth members are well hydrated.

HEALTH & WELLBEING



- Store food safely at your camp site
- Ensure your esky is kept cold and empty water after ice melts
- Do not keep leftovers, food will be supplied daily
- Ensure you provide water but also cordial at meal times.

HEALTH & WELLBEING



- Watch the youth wash their utensils and ensure it is done effectively
- Wash in hot, hot, hot water
- Scrape leftovers in bin
- Washed equipment is to be stored in cloth dilly bag
- No tea towels – they get wet and grow germs
- Use chux and throw away

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- Ensure you have a handwashing station on your unit.
- Wash and sanitise at the gate on each entry.
- Wash and sanitise hands before meal times

SAMPLE PROGRAM

	11-Apr-23	12-Apr-23	13-Apr-23	14-Apr-23	15-Apr-23	16-Apr-23	17-Apr-23	18-Apr-23	19-Apr-23
Joey Scouts							Arrive	Challenge Zone	SIA Zone
							OAS Zone	One Program Day	Depart
Cub Scouts					Arrive	Adventure	OAS Zone	One Program Day	Challenge Zone
					SIA Zone	Adventure	OAS Zone	One Program Day	Depart
Scouts	Arrive	SIA Zone	Adventure	Mini Expedition	Mini Expedition	SIA Zone	Adventure	One Program Day	Pack up
	Set Up	OAS Zone	Adventure	Mini Expedition	Mini Expedition	Challenge Zone	Adventure	One Program Day	Depart
Venturer Scouts			Arrive	SIA Zone	Adventure	OAS Zone	Adventure	One Program Day	Pack up
			Arrive	OAS Zone	Adventure	SIA Zone	Adventure	One Program Day	Depart
Rover Scouts			Arrive	SIA Zone	Adventure	OAS Zone	Adventure	One Program Day	Pack up
			Arrive	OAS Zone	Adventure	SIA Zone	Adventure	One Program Day	Depart

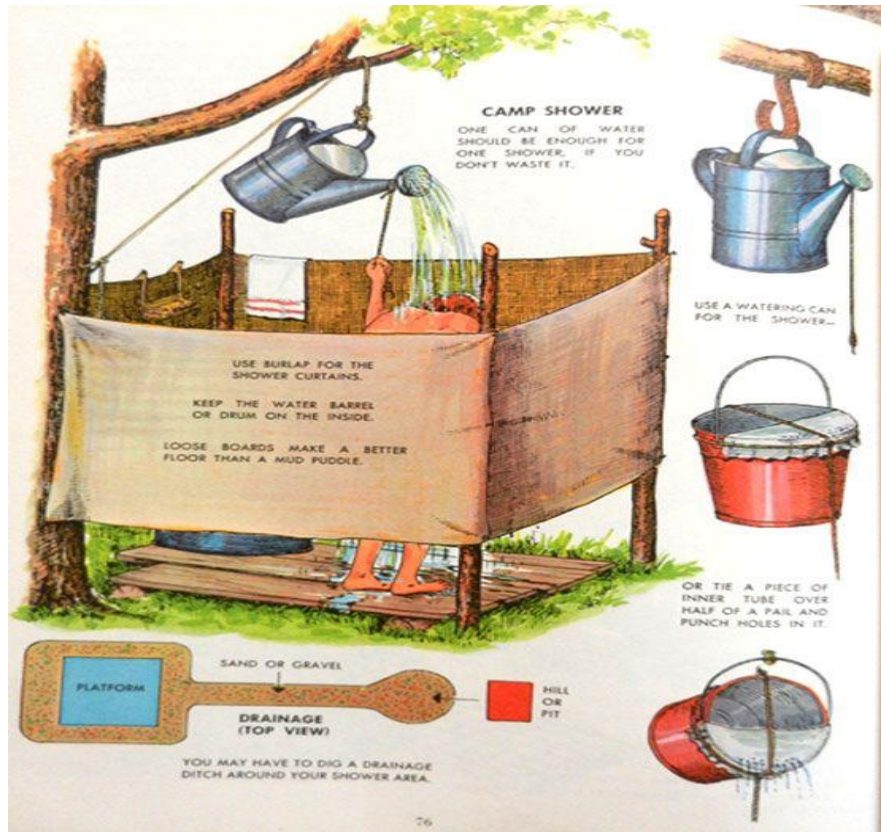
PROGRAM

MINI EXPEDITIONS

- Survival Challenge
- MAC Attack
- How Ridiculous
- Sailing School
- River Explorer
- Dwellingup



HEALTH & WELLBEING



- Ensure youth members are changing socks & jocks each day.
- Shower time! Keep clean.
- Brush your teeth.
- Hang out wet towels & clothes to dry. Provide a clothes line.